

ST MARY'S INFANT SCHOOL

OVERVIEW – PSHE

Developing confidence and responsibility and making the most of their abilities

1 Pupils should be taught:

- To recognise what they like and dislike, what is fair and unfair and what is right and wrong.
- To share their opinions on things that matter to them and explain their views.
- To recognise, name and deal with their feelings in a positive way.
- To think about themselves, learn from their experiences and recognise what they are good at.
- How to set simple goals.

Preparing to play an active role as citizens

2 Pupils should be taught:

- To take part in discussions with one other person and the whole class.
- To take part in a simple debate about topical issues.
- To recognise choices they can make, and recognise the difference between right and wrong.
- To agree and follow rules for their group and classroom, and understand how rules help them.
- To realise that people and other living things have needs, and that they have responsibilities to meet them.
- That they belong to various groups and communities, such as family and school.
- What improves and harms their local, natural and built environments and about some of the ways people look after them.
- To contribute to the life of the class and school.
- To realise that money comes from different sources and can be used for different purposes.

Developing a healthy, safer lifestyle

3 Pupils should be taught:

- How to make simple choices that improve their health and wellbeing.
- To maintain personal hygiene.
- How some diseases spread and can be controlled.
- About the process of growing from young to old and how people's needs change.

- The names of the main parts of the body.
- That all household products, including medicines, can be harmful if not used properly.
- Rules for, and ways of, keeping safe, including basic road safety, and about people who can help them to stay safe.

Developing good relationships and respecting the differences between people

4 Pupils should be taught:

- To recognise how their behaviour affects other people.
- To listen to other people, and play and work cooperatively.
- To identify and respect the differences and similarities between people.
- That family and friends should care for each other.
- That there are different types of teasing and bullying, that bullying is wrong, and how to get help to deal with bullying.

		AUTUMN TERM		SPRING TERM		SUMMER TERM	
YEAR 1	Topic	All about me	Victorians	Leaving on a Jet Plane		The Great Outdoors	
	Unit of Work	New beginnings	Getting on and Falling Out	Going for Goals	Good to be Me	Relationships	Changes
	National Curr	1, 4	4	1	1, 2, 3	4	1, 2, 3, 4
YEAR 2	Topic	Outer Space	Me and My World	Beautiful Baldock	Fire, Fire!	All Things Bright and Beautiful	All Creatures Great and Small
	Unit of Work	New beginnings – Getting on and falling out.	Be safe/be seen	Going for Goals How we learn – Being a miracle learner	Good to be me	The value of money	Changes – in ourselves and our situation. Transition to the Juniors.
	National Curr	1, 4	3	1	1, 4	2	1, 2, 3, 4